



NEWSLETTER OCTOBER 2010

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Upcoming Events

- ◆ **Wednesdays**
Oct. 6-Nov. 10: Love and Logic class, 7 p.m.
- ◆ **Oct. 8:** 2B class photos
- ◆ **Oct. 9:** Fall Harvest Dinner, 7 p.m.
- ◆ **Oct. 11:** 3A, 3B, 4A, 4B class photos
- ◆ **Oct. 12:** 2A class photos
- ◆ **Oct. 14-15:** No school
- ◆ **Oct. 25:** Eye screening
- ◆ **Nov. 1:** Speech and hearing screening
- ◆ **Nov. 6:** Fall clean-Up
- ◆ **Nov. 24-26:** Thanksgiving Break

Message from the President

We made it through the first month of school! I hope that everyone is settled in and feeling at home in our wonderful CCNS community. As we move forward into our school year, we have much to look forward to in the month of October.

Our calendar shows we are counting down the days until the Fall Harvest Dinner fundraiser. Kestrel Liedtke (2A and 4A) has been working her magic on creating something wonderful for us to enjoy. This evening will give us the chance to get to know the parents of our children's classmates. Besides good company, the food (prepared by chef Jerry Liedtke) sounds amazing. I encourage all to join in the celebration and support the efforts of the hard work this committee has done.

We also have our class photos coming up. I think you will treasure the photos of your children perched in our big tree. Jackelin Slack has a way of capturing the wonder of our CCNS children.

Let's not forget HALLOWEEN! This is one of my favorite times at the school. It doesn't get much better than a costume parade around the church and down to 13th East to wave at all the cars going by. It's a sight not to be missed!

Have a wonderful and safe October!

Andrea Frampton
CCNS president



Meet CCNS Director Angie Chatterton

By Joe Gillespie

Long before she was hired as CCNS director, Angie Chatterton was already familiar with our school.

When Angie was 15, she worked as a counselor at one of CCNS' summer camps run by Ms. Terry. Then, she enrolled her daughter at CCNS two years ago. This year, she has another daughter in preschool, thereby becoming one of those rare parents with two kids at CCNS at the same time. "It's been a nice transition," said Angie, who took over the director job last spring. "It helps that I've been here two years as well."

Angie's experience goes beyond just having her own daughters at CCNS. She holds a bachelor's degree in early childhood education and elementary education, and she also has more than 10 years experience in children's education.

"I wanted to get back into a teaching environment," she said. "I'm here all the time anyway. So it was a good fit."

So far, Angie is happy with CCNS' new website and its new technology-based approach.

"I like that we're on Facebook and that we keep up with the world, essentially." She's also happy that



CCNS is now mostly paperless.

Ramping up CCNS' fundraising efforts is another of Angie's goal. One example of the renewed fundraising approach is the fact that the spaghetti dinner has been revived.

"We're focusing on being more cost-effective," she said, adding that for the first time in a couple years, CCNS has a wait list of parents wanting to enroll their kids. "We're trying to maintain the school's reputation as well."

With CCNS at its current location in the church for 48 years, Angie has one more hope for the future: "I think it would be great to have a 50-year celebration."

What to Expect at a CCNS Clean-Up

By Wendy Wilde

The seasonal clean-ups at CCNS are a great way to meet other parents and help keep our school a clean and beautiful facility. So what exactly is involved in a clean-up?

Depending upon the season, what our school needs during a clean-up changes. However, here is a list of some necessary tasks. Your organizer will direct you toward what exactly needs to be done for your specific clean-up.

- Sterilization of all toys
- Organization of the room
- Sterilization of tables/chairs
- Circle laundered
- Window washing
- Vacuuming
- Bathrooms and kitchen cleaned
- Playground cleared/organized

- Grounds weeded and beautified
- Entry way cleaned and updated
- Lost and Found organized and labeled items called

Perhaps the best way to serve the school and a clean-up is this: If you see something that you like to do, or you see something that desperately needs to be done and you have the time and skill, please suggest this task to your organizer. In previous, a parent stained the picnic tables; another weeded and beautified our grounds. You serve our school best when you graciously lend your talents and know-how toward improving it.

Most importantly though, is for the parent to come on time, be prepared to stay the entire length of clean-up, and have a good time with the other parents who are there. Taking care of our school is modeling for our children; the gratitude we show for having such a wonderful place to send our children is by taking thoughtful and excellent care of the facility.

Halloween Book Suggestions

By Deanna Simonis

Despite the plethora of books clogging our shelves, my toddler and 5-year-old recently expressed the sentiment that they were bored with our collection. With Halloween rapidly approaching, it seemed like a good occasion to bring new reading material into the house while highlighting one of our favorite holidays.

There are innumerable titles to choose from in the pre-school age group, including cartoon and storybook favorites such as Clifford, Arthur, Little Critter, Dora, Diego, Barney, the Backyardigans and even My Little Pony. However, with the kids' interest piqued by the candy, ghosts and witches of the season, relying on familiar characters seemed unnecessary.

The following is a short, varied list of books to teach and inspire, but not frighten, during the lead-up to All Hallows Eve. All are available at the city or county libraries in Salt Lake.

- ***Witches, Pumpkins and Grinning Ghosts: The Story of Halloween Symbols*** by Edna Barth. Although rather advanced for a toddler, this book explains the origins of the holiday and the meaning behind many familiar Halloween characters. This is a nice reference for parents.
- ***It's Halloween*** by Jack Prelutsky. Thirteen simple, fun poems about Halloween; this book is a favorite with my children and a nice change from some of the more treacle fare.

- ***Big Pumpkin*** by Erica Silverman. When a witch grows an enormous pumpkin for her pie but cannot pull the huge squash off of the vine, a cast of Halloween favorites helps her out. This is a cute introduction to familiar Halloween characters with a nice emphasis on the value of cooperation.
- ***Too Many Pumpkins*** by Linda White. A little old lady who dislikes pumpkins ends up with a patch full of them one autumn. Her clever solution to the problem is both heartwarming and a good lesson on making the most out of any situation.
- ***Room on the Broom*** by Julia Donaldson. When a generous witch gives a ride on her broom to a dog, a bird and a frog, they repay her kindness later by teaming up to save her life. Written in verse, this is a sweet story about friendship and teamwork.
- ***Homemade Halloween***, Fox Chapel Publishing. This well-organized book provides fun and affordable costume, party and home-decorating ideas that seem doable for even the less crafty among us.



Happy
Halloween

Homemade Halloween Costume Ideas

By Tracy Golden

“What are you going to be for Halloween?” is the chorus we hear our children beginning to chant these days. Whether you are a seasoned veteran at making your costumes at home, or an eager beginner who has decided that this year, finally, you will make a costume rather than purchasing one, here are some ideas for quick, easy and fun costumes for preschoolers.

Fancy Ghost

Grab a white sheet, cut out holes for the eyes and a small slit for the mouth, then dress him or her up a little! For a girl, put eye shadow and lashes around the eyes, lipstick for the mouth and a little color on the cheeks; use earrings and a necklace for finishing touches. For boys, color in a beard or moustache. If you want a pirate ghost, throw on an eye patch and an earring. If your little one resists white, try a sheet of a different color and dress it up accordingly.

Mother Nature

- Silk flowers and silk plant leaves in a variety of shapes and colors
- An old skirt and vest
- A face mask
- Twigs (collected from your nearby park or in your own backyard) to make a nest
- A foam bird that you can find at any craft store
- glue gun and wire

Decorate the vest & skirt with the silk leaves in a random pattern and glue into place. Decorate the skirt with flowers growing out from the leaves already put in place. Use the remaining leaves and small flowers to decorate the face mask. Gather your twigs and secure with wire to make a nest. Place your bird on the twigs and secure into place with the wire.



You can add some leaves and peat moss as filler. The child can wear a dark colored turtleneck and leggings under the vest and skirt for the evening walk to get treats.

Mummy

Wrap your child in white bandages (rolls of gauze). Use splotches of green paint for "mold." Use white make-up on face with "age lines" drawn on. Teach your child to walk with a stiff-legged gait for extra effect.

A Bunch of Grapes

Using a green or purple sweatsuit or a shirt/pant combination, attach balloons of the same color with safety pins. Paint face and hands same color.

For additional ideas, visit the following site:

<http://familycrafts.about.com/cs/halloweentheme/a/091399.htm>

Hey Parents!

We're always looking for great photos of our kids to include in the newsletter. Please submit photos to either Joe Gillespie at loriandjoegillespie@hotmail.com or Sarah Workman at sarah.white@comcast.net

Speech and Hearing Screening



By Jennifer Levy

“Fun people are coming to play!” says Julia Lidgard, a supervisor with the University of Utah Speech and Hearing Clinic, when asked what you should tell your child about the upcoming screening that will be offered at CCNS on Nov. 1.

This evaluation is given on a purely voluntary basis, in order to catch any hearing or speech challenges your child may have and give them a running start for elementary school. The children will be screened by a graduate student from the U.’s clinic under the direct supervision of Ms. Lidgard.

There are four parts to the evaluation: speech, hearing, receptive and expressive language, and social behavior. In the speech assessment, the University students will conduct a 5-to-6-minute individualized test to listen for sound articulation errors using the Joliet Speech and Language Screening Test. For the hearing portion, your child will go to another room for a play audiometry test in which the child will listen for beeps to place blocks in a box.

The other two portions of the test are oral and observational. The screener will talk to your child and listen for appropriate expressive and receptive language (i.e., can your child both understand what is being asked and answer in at least a two-word sentence). The social portion is observational and will screen for autism spectrum disorders and a variety of other psychological issues.

After the screening if your child needs assistance, recommendations will be made for further testing or for therapy, either through the University Clinic or a variety of other resources. Therapy is offered at the U. on a sliding scale, and a preschool language playgroup will be offered from January to April. This group is usually 4-6 children, two hours per week.

Ms. Lidgard stressed “that this is just a screening and that they don’t always catch them all,” but if you feel that your child may not be thriving in a particular area, please bring it to your teacher’s attention prior to the screening so that they may take a closer look.

If you are interested in having your child screened for proper speech and language development you *must* sign the permission slip provided in your child’s folder a week before the screening.

If you would like further information about the testing or the program, call Ms. Lidgard at 585-6054.

Harvest Dinner Fundraiser

By Jennifer Levy

The fifth annual Fall Harvest Dinner is coming fast! The event will be Saturday, Oct. 9 from 5-8 p.m. in Elliot Hall of the church. There will be food, a raffle and a silent auction, all to benefit CCNS. Dinner will be prepared by volunteers, under the supervision of chef Jerry Liedtke of the Tin Angel Café. Tickets are \$25.

If you have not purchased your tickets, it is not too late. This is one of CCNS’ largest fundraisers for the coming year and a great opportunity to get to know the people in your school community. This event is open to the public, so feel free to invite family, neighbors and friends.

Babysitting (for kids ages 2 and older) will be provided in the classrooms for a fee of \$5 per child plus tips; reserve a spot when you buy your ticket.

To purchase your tickets, fill out a form, attach a check written to CCNS (if you need to pay with cash, you can give it directly to Angie Chatterton) and place it in the pink box in the entryway.



4A's Field Trip to Red Butte Garden
Photos by Corinne Keane

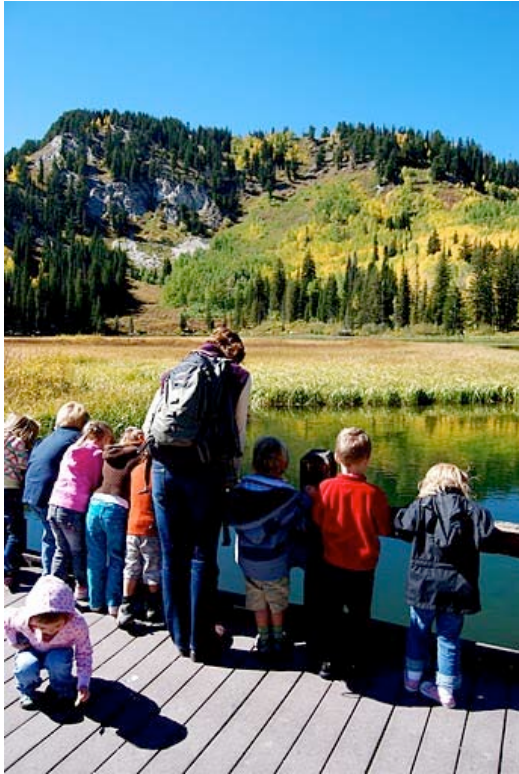


2B Celebrating Terry's Birthday
Photos by Benedicte Mosen





4B's Field Trip to Silver Lake
Photos by Susan Mooney



2B's Field Trip to Millcreek Canyon
Photos by Sarah Workman

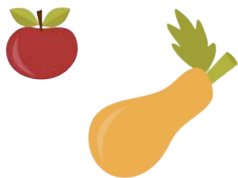


Around Town

University of Utah Fine Arts Museum

410 Campus Center Drive, Salt Lake City, Phone: 801-581-7332

Free admission is offered on the first Wednesday of each month. Kids under age 6 always free. Ask for the children's activity backpacks that are full of fun museum activities. The third Saturday of each month features a free art project from 2-4 p.m. (you pay for admission but the project is free). This month's offering (Oct. 16) is a free mask-making project.



Farmer's Markets

Pioneer Park—Saturdays 8 a.m.-1 p.m., through Oct. 16

Tuesdays 4 p.m.-dusk, through Oct. 12

Murray Park—Fridays and Saturdays 9 a.m.-1 p.m., through Oct. 30

University of Utah—Thursdays 9 a.m.-2 p.m., through Oct. 7

The Living Room Hike

To hike to The Living Room, park near the entrance of Red Butte Garden on Wakara Way. There are a couple of side trails that begin at the edge of the street. Follow these up to a dirt road where a gas pipeline is buried (several signs warn you of this). Go right and walk the road until there is a trail on the left. Take this trail to a fork. At this point, go right into a thick scrub oak forest in a gully. The trail is well maintained aside from a deep crack in the middle carved out by snow melt. The trail to The Living Room goes straight up this gully until it ascends above the trees and into the open. Brush, rocks and wildflowers comprise the landscape where the hike goes over a ridge and along a steep sidewall, where a left turn at another fork leads south to The Living Room.



Tracy Aviary Halloween Hoot

Half-price admission on Oct. 30-31 with costume.

Ring Around the Rose Series (Through May 14)

The Repertory Dance Theater presents "wobble friendly" concerts featuring performers from local studios and professional companies. Held Saturdays at 11 a.m. at the Rose Wagner Performing Arts Center. Tickets are \$5.